



## ANZAC Research Institute 15<sup>th</sup> Annual Symposium



### Frontiers of the Future- Mental Health and Ageing Therapeutics

Friday, 21<sup>st</sup> October 2016, Concord Medical Education Centre

13.30 - 13:40 Afternoon Tea

13:40 - 13:45 Welcome **David Handelsman, Sydney**

13:45 Too Many Pills.  
**Karen Hitchcock, Melbourne**

14:15 Undiagnosis and Deprescribing- Undoing the Harms of Modern Medicine.  
**David Le Couteur, Sydney**

14:45 Diagnostic Reassignment and Deprescribing in Prevention of Premature Cardiovascular Mortality in the Mentally Ill.  
**Tim Lambert, Sydney**

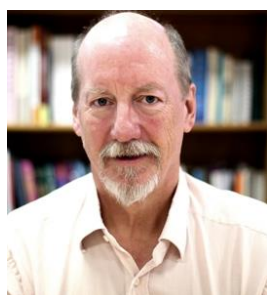
15.15 Concord Research Award presentation:  
Atp7aT985I, a conditional knock-in mouse to model X-linked distal hereditary motor neuropathy (dHMNX).  
**Gonzalo Perez-Siles, ANZAC Research Institute**



Dr Karen Hitchcock is the author of the 2015 Quarterly Essay 'Dear Life: On caring for the elderly' and the award winning story collection Little White Slips and a regular contributor to The Monthly. She is also a staff physician in acute and general medicine at the Alfred Hospital in Melbourne.



David Le Couteur is Professor of Geriatric Medicine at the University of Sydney and Concord Hospital. For his contributions to geriatric pharmacology he has been recipient of the 2013 William B Abrams award from the American Society for Clinical Pharmacology and Therapeutics, the 2015 Rand Medal of the Australasian Society of Clinical and Experimental Pharmacologists and 2016 Officer of the Order of Australia. His basic research focusses on ageing biology, nutrition and the ageing liver, while his clinical research focusses on medicines in older people.



Tim Lambert has dedicated the last 7 years to establishing a comprehensive and unique inter-disciplinary service for the assessment and management of physical health comorbidity in psychosis, the Collaborative Centre for Cardiometabolic Health in Psychosis(ccCHiP).

Based at the Charles Perkins Centre (RPA) and Concord Hospital and the associated Community Mental Health Centres, ccCHiP is working to develop model services that can help reduce the high rates of diabetes, cardiovascular illness and premature death in those experiencing enduring psychosis-related illnesses.

The motto of the service is: *"There is no mental health; there is no physical health; there is only ... Health"*.